SPORT & LEISURE MANAGEMENT

Welcome! As members of the Sport and Leisure Management team we thank you for choosing our program and look forward to working with you this upcoming academic year. We pride ourselves on getting to know our students as individuals and to incorporate your personal goals with the outcomes of the program. Below you will find information to assist you in navigating your first week at Holland College.

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Orientation Start Date & Time: September 1, 2020 at 9:00 am. (online)

Class Start Date & Time: September 2, 2020 at 9:00 am, (online)

Christmas Break: **Last teaching day:** December 11, 2020
            Students return: January 6, 2021

February Break: February 22 – 26, 2021

Resources: Once you receive your class schedule during Orientation your instructors for each course will discuss the course requirements for their area and the options available to you. Please review the technical requirements that will be needed to study and participate in online learning for this fall that were sent to you via email from Jenn Redmond.

Program Highlights: During your time in the program you will have the opportunity to develop lasting relationships with classmates/instructors, participate in a variety of theoretical/practical learning environments, and volunteer your services within the program, athletic department, college, and/or the community. We look forward to welcoming you in September and supporting you in your educational journey to bring you closer to reaching your personal goals.

Currently, the Chief Public Office has indicated that anyone entering Prince Edward Island must self-isolate for 14 days. Currently, out of province students must apply for travel approval from the province and will need to provide proof of enrollment at Holland College along with proof of accommodation for entry into P.E.I. If the current directive of self-isolation from the Chief Public Office changes between now and September 1st, students will be advised of such changes by Holland College.

Textbooks – September 2020

Semester 1 – 1st Year

Leisure and Recreation in Canadian Society: An Introduction (Digital), 3rd edition by George Karlis

English Brushup etext by John Langan, Janet M. Goldstein, McGraw-Hill

Study & Review Guide for Applied Anatomy & Physiology for Manual Therapists by Pat Archer and Lisa A. Nelson, Wolters Kluwer Health/Lippincott Williams & Wilkins

Student Workbook Trail Guide to the Body, 6th edition by Andrew Biel, Books of Discovery

Illustrated Collection, Microsoft 365 & Office 2019 Mindtap by Nelson

Semester 1 – 2nd Year

Pearson e-Text – Starting & Managing Your Own Business in Canada, Access Card, 5th edition, by Skinner & Champion, Pearson

Understanding Economics – A Contemporary Perspective with Connect, 8th edition, by Mark Lovewell, McGraw Hill

Student Hardware and Software Needs for Blended and Distance Learning (Current as of May 2020)
Requirements:
Note: These are general requirements for students to participate in blended and distance courses. Some programs may have higher or different requirements and prospective students should consult their program information.

1. A desktop or laptop computer. Either a Windows-based PC with Windows 10 or a Mac with macOS Catalina 10.15 or higher. Processor: Intel i3 minimum with i5 or higher recommended. RAM: 4 Gb minimum with 8Gb or higher recommended. Storage: 10 Gb storage minimum with SSD disk recommended. Regarding storage – some programs may have higher storage requirements.
2. Speakers/headphones/earbuds with microphone for listening to audio or videos presented in courses. Note: your laptop may have a built-in microphone and speakers, but we recommend an external set for best quality of experience during synchronous activities.
3. A built-in or external webcam for interacting in course activities that require video feedback from students.
4. Google Chrome is the only browser that SAM (the College's LMS) completely supports.
5. Microsoft Office 365. Students have free access to install the suite on their computers, tablets or other mobile devices. A browser-based version is available.
6. Adobe Reader DC.
7. An Internet connection with a minimum download speed of 10Mb/s and an upload speed of 1Mb/s is recommended. A wired connection to your home router is typically preferable to a wireless connection as it provides better stability and performance.
8. Tablets, smart phones, and Chromebooks may allow you to access some course content but have limited functionality and are not recommended.

Internet Connectivity
To test your internet speed, go to https://www.speedtest.net/ and click the "go" button. A test will take place that measures the speed at which you can upload or download data from the internet from your current location. It is normal for the upload speed to be much lower than the download speed. If necessary, consider asking others in your household to limit their use of devices/internet when you are involved in a 'virtual' class session.

The router in your house might send out more than one signal. Many routers broadcast a 2.4Ghz and a 5Ghz signal simultaneously. Connecting to the 5Ghz band is best. If you have an ethernet cable and your computer is situated near your router or modem, you might be able to use a wired connection instead of Wi-Fi for the best connectivity. For more information or help with this, email sam@hollandcollege.com.